

EXAMINATIONS FOR ATHLETICS

- 1.0 Any student who wishes to participate in any school sponsored athletics must comply with the physical examination policy. Students shall prior to try-outs have a physical examination with any and all fees being borne by the participant. The Board of Education shall allocate a certain sum to cover physical exams for students with financial hardship.
- 2.0 Middle school students shall be allowed to participate with documentation of the required 6<sup>th</sup> grade physical exam. High school students shall have physical examinations every two years with an interim health questionnaire completed by the students' family. In the interim, if a student has a serious illness or sustains a serious injury, he/she shall be required to be re-evaluated by a physician prior to further participation.
- 3.0 Standardized forms for a pre-physical health history and the physical examination shall be provided to parents by the school health office and kept on record with the students' school health records. Students shall be excluded from participating in athletics based on the recommendation of the attending physician.
- 4.0 A parent or legal guardian may have his/her child excused from this requirement, if he/she files certification of adherence to the faith and teaching of a religious sect, denomination or organization that forbids physical examinations. It will also be a requirement that the parent or legal guardian sign an Athletic Activities Release, Assumption of Risk, and Agreement to Indemnify and Hold Harmless the Scarborough School Department Statement.

Approved: February 26, 1987

Amended: December 17, 1998

Revised: November 6, 2003